

Children's Learning and Care Center Sample Menu

Breakfast	Kellogg's Raisin Bran Apple Slices Kemps Milk	Wheat Bagel with lo-fat Philadelphia cream cheese Banana Kemps Milk	Hard Boiled Egg Orange Wedge Kemps Milk	Kellogg's Granola with Kemps Yogurt Apple Slices Kemps Milk	Kellogg's Nutri-Grain Bar Cantaloupe Kemps Milk	
Snack	Kemps Blueberry Yogurt Kellogg's Granola Minute Maid Orange Juice	Nature Valley Granola Bar Kemps Milk	Chex Mix Minute Maid Grape Juice	Soft Pretzel 50 Minute Maid Orange Juice	Fruit Salad Kemps Milk	
Lunch	Cheeseburger Corn Applesauce Kemps Milk	Macaroni and Cheese Steamed peas Dole Pineapple Kemps Milk	Cheese Pizza Pasta Salad Mandarin Oranges Kemps Milk	Hot Dog 75 Broccoli Oranges Kemps Milk	Spaghetti w/ Meat Sauce Tossed Salad with Sysco FF Ranch Carrot coins Kemps Milk	
Snack	Azar Peanut Butter and W/W crackers Minute Maid Grape Juice	Kemps Cottage Cheese Diced Peaches Kemps Apple Juice	Boulder Pita Chips Hummus Tropicana Blend Splash Juice	Cucumbers with Dip Kemps Milk	Great Lake's Cheese Cubes Tropicana Blend Splash Juice	